

## Enhancing Sexual Health and Performance

Did you know that regular sexual activity (at least twice per week) can boost your overall health as well as appearance? You should treat your sexual health with the same amount of care you would your skin or body. Don't let low libido, poor lubrication, or painful intercourse keep you from being active and romantic with your partner. When your physician has ruled out hormone deficiencies, illness, infection, or depression, there are other options available.

## What is Wells Pharmacy Sexual Wellness Program?

Wells Pharmacy Network recognizes the importance of an active sex life and the challenges that women can face in achieving satisfying sexual activity. Wells Pharmacy Sexual Wellness Program kit contains a combination of complementary medications that aim to address these issues.

#### What conditions do the Sexual Wellness kits address?

Poor Libido
Vaginal Tissue Health
Painful Intercourse
Low Sex Drive
Lubrication

# How are these conditions treated?

The kit contains a variety of medications that aim to improve sexual wellness and function.

- A compounded gel containing sildenafil and arginine is used to stimulate blood vessels and improve blood flow to the genitals to enhance libido. It is applied 15-30 minutes prior to sexual activity and lasts between 30 minutes and 2 hours and can be reapplied as needed.
- A gel lubricant containing Vitamin E, DHEA, and hyaluronic acid (an ingredient that occurs naturally in the body and aids in moisturizing and plumping the skin), ease potential discomfort during sexual intercourse, and may enhance sex drive and promote collagen formation and healthy vaginal tissues.
- A rapid dissolve tablet of oxytocin is taken daily, and may help to boost your mood and increase your enjoyment during intimate relations.

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# How long does each kit last?

Each kit contains medication to last for 90 days. Medications are used daily so that you can continue boosting your sexual wellness and enjoying more satisfying sexual activity.

### What are the benefits of the Wells Pharmacy Sexual Wellness Program?

Sexual health is an integral part of overall wellbeing. Conditions such as low sex drive, painful intercourse, or poor lubrication shouldn't cause you unnecessary frustration or keep you from making the most of your relationship. Talking to your doctor about your concerns can allow you to feel more satisfied with your sexual activity. Other benefits include:

- All medications are created using prescription-grade ingredients, so you know you are getting quality formulations.
- No hormones are added to the preparations.
- All medications are free of controlled substances.

#### Have a More Satisfying Sex Life

Healthy sexual activity at all ages can be achieved with help from Wells Pharmacy Network's Sexual Wellness Program. Talk to your physician about overcoming sexual health challenges and the benefits of the Sexual Wellness kit.